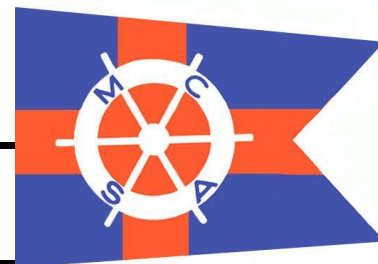


THE TELL TALE

THE NEWSLETTER OF THE MCSA

MAY 2019 | ISSUE 1 | VOL 68



ANNUAL MEETING HOSTED AT PURDUE!

By Nick Zomer, MCSA Development Chair



The 2019 MCSA Midwinters conference occurred at Purdue on January 26th, 2019. The meeting covered a variety of topics, including discussion around college sailing becoming an NCAA sport, a budget review, policy changes and approval as well as the election of a new board. There was good discussion around the NCAA sport topic. This stemmed from a consultant review done by the ICSA in which one recommendation was going NCAA and hiring a full time director, etc. Members voiced concern

that smaller schools would be disadvantaged in the process especially alongside a 2020 dues increase if this does happen. Nicole C. presented the budget, we are in the green! She communicated the importance of budgets for officer travel so that we can keep costs low. We inducted new members: Nebraska, St Mary's College, CSU (congrats!!). The board election occurred and proposals were passed. Meeting minutes can be found here: <https://tinyurl.com/y5u9nx9t>.

COLD WEATHER WISDOM...

It's May and it's STILL COLD OUTSIDE! What a Winter and a Spring Season!

As we all know the Midwest can be home to some extreme weather conditions regardless of the season (see April snow storms), so here are some tips and tricks to help your sailors stay safe throughout the year!

Want to learn more? See Page 2!

IT'S SUMMER TIME!

Summer is around the corner...time to start thinking about your summer sailing plans!

If you want to find crew opportunities there are numerous crew boards, some more details are provided later on this Tell Tail!

IN THIS ISSUE OF THE TELL TALE...

You'll find information on the Midwinter Conference, team spotlights on spring travel, "cold weather wisdom", details on the 2019 GLIOR and more!



"Railmeets" is a new platform designed to bring crew and skippers closer. Many clubs have built crew finder Dashboards particularly in the Chicago area, many organizations have moved over to this platform as well! This is exciting for the sailing community!

SUMMER SAILING CREW FINDER TOOLS!

By Nick Zomer, MCSA Development Chair

A new tool surfaced in recent years called "railmeets" which most clubs have adopted as their official "crew finder" check them out below for summer sailing opportunities:

CYC Crew Finder:

<https://tinyurl.com/yykdzo2r>

CCYC Crew Finder:

<https://tinyurl.com/y535az4s>

LMSRF Region "Boats Looking":

<https://tinyurl.com/yy3gsjnf>

Who else has a crew finder system? Submit yours to the Tell Tail today!

COLD WEATHER WISDOM

By Madeline Jones, MCSA Publicity Secretary

As we all know the Midwest can be home to some extreme weather conditions regardless of the season (see April snow storms)! So, here are some tips and tricks to help your sailors stay safe throughout the year:

-Layer up! Whether it's a drysuit, a wool sweater, under armour, or a patagonia sweater we midwesterners know that the more layers the better! Make sure that your sailors are wearing synthetic materials, and dressing for the weather before you get out on the water!

-Keep dry on a dime! Grab yourself some dishwashing gloves from your local grocer and layer them under your sailing gloves to make sure that your hands aren't getting soaked with icy waters! Other recommendations would be water resistant gardening gloves to keep your digits toasty!

-Stay hydrated! The more water you have in your system, the better you are able to retain heat! Research done by SJSU for NASA found that caffeine lowers the temperature of the body so stick to herbal teas or other hot drinks low in caffeine to keep your sailors warm during rotations!



Fast cold weather sailing at the 2019 Laker Showdown!



(Above) Sailors at the 2019 Pere Marquette Regatta. (Right) Sailors at the team race national qualifier hosted by Michigan!





THE GOLDEN GOPHERS HEAD TO THE SUN SHINE STATE!

By Madeline Jones, MCSA Publicity Secretary

The Golden Gophers kicked off their season with a 19 hour drive down to sunny Fort Walton Beach, FL to sail for the week at Fort Walton Yacht Club. The Gophers have been making this trip for years and have really enjoyed building relationships with local yacht club members during evenings spent big boat sailing and an annual low country shrimp boil provided by yacht club members John Dezzutto and family.

Highlights of the week included several dolphin sightings, adventure sailing, race days, and the opportunity to take out some of the other boats owned by the yacht club on Friday. Senior Gopher sailor Maya Smith shared one of her favorite moments from the trip: "I loved going on a long excursion sail! Venturing out past the protected bay was really fun and gave us some practice navigating waves. It was cool sailing on long tacks in the open water. And the warm sunny weather almost made me forget about icy Lake Minnetonka waiting for us back up north!"

Various photos of the Minnesota Sailing team sailing on Spring Break 2019!

#THROWBACK

This section of the Tell Tale will feature a throwback from a previous Tell Tale edition! In this edition we are featuring an article on the MCSA helping another nation from the 1967-December issue.

MCSA TO HELP CANADIANS

The M.C.S.A. Executive Board has agreed to supply any Canadian school with information and advice on the development of a collegiate sailing organization. Several of the Canadian schools in Ontario have come to the M.C.S.A. requesting help in setting up a collegiate sailing association for Ontario, and for permission to participate in M.C.S.A. events. The Executive Board has gone on record as being willing to accept applications from any Canadian school for Affiliate membership in the M.C.S.A. during the period of time while they are forming their own association. It is hoped that through this co-operative effort that the Ontario Intercollegiate Sailing Assn will be able to submit its application for Associate membership in the ICYRA either this June or a year from June.

MARQUETTE SPRING BREAK...

By Bobby Sessions, MCSA Vice Commodore

This March eight members of the Marquette Sailing Team traveled to Lakewood Yacht Club in Seabrook, TX to find some relief from the cold Midwest winter. This is the second year in a row that the team has headed south for some training to get a jump start on the spring sailing season.

However, this year we made a huge jump in hiring a world class sailor and coach, Terry Flynn, to spend the week coaching us. The team spent the week dialing in communication between skippers and crew, learning racing tactics, and practicing boat handling. Our days consisted of morning and afternoon sailing sessions with a video review after getting off the water. Thanks to Terry's coaching, the team was able to build a solid foundation for the rest of our season. We saw great improvement in boat speed and handling as the week progressed. Aside from sailing, we made sure to get the full Texas experience by trying several Tex-Mex and barbeque restaurants in the area and making sure to visit NASA's Johnson Space Center and Mission Control. If any other MCSA teams are looking for a place to train, we would recommend checking out Lakewood Yacht Club.



Various photos of the Marquette Sailing team sailing on Spring Break 2019! If you want more information on how to do a Spring Training trip reach out to Bobby Sessions today!

2019 GLIOR: SAVE THE DATE AND PUT IN AN APPLICATION!

By Nick Zomer, GLIOR Regatta Vice-Chairman

The 2019 Great Lakes Intercollegiate Offshore Regatta (GLIOR) will be held September 20-22 in Chicago, IL. The GLIOR is an annual fall regatta in Tartan 10s that provides an opportunity for collegiate sailors to experience offshore keelboat racing. Participating teams are from college sailing programs in the Midwest and beyond. This year the Chicago J105 fleet will be joining us, we can't wait! The 2019 timeline is below:

Application for invitation due 07/15/19

Teams register 07/15/19-08/31/19

NO REGISTRATIONS AFTER 08/31/19

Submit your "Application for Invitation" here:

<https://forms.gle/uEhg3WuL86dEzhde7>



PHOTOS



2019 Spring Sailing season,
various photos, various teams!

ANNOUNCEMENTS

There are no announcements this time around!

DO YOU HAVE AN ANNOUNCEMENT? CONTACT THE
EDITOR TO GET IT PLACED IN THIS AREA NEXT TIME!

LETTERS TO THE EDITOR

Do you have an opinion?
Respond to an article?
Address someone or
something?

Would you like to express it?
Please do! Mail it in or
contact the editor below.

DID YOU KNOW? BOARD MEETINGS

Did you know? Board meetings
are 1) Open to any member of
the MCSA 2) Meeting minutes
are always posted online.
Do you want to attend a board
meeting and listen-in? Please
email
mcsacommissioner@collegesailing.org
for call in details!

Do you want to read meeting
minutes? They are always
posted online! Here:
<https://tinyurl.com/y5u9nx9t>

INFORMATION ABOUT THE TELL TALE

The Official Newsletter of the
Midwest Collegiate
Sailing Association.
Published three to four times
annually.

The deadline for the next
issue of The Tell Tale is
September 7th, 2019.

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